



**Reclaim your life.**

## A Guide to Pain Management Therapy

using advanced hydrotherapy with

## Hungarian Wellness Mud

[www.hungarianwellnessmud.com](http://www.hungarianwellnessmud.com)

### Are you suffering with chronic pain?

Are you suffering from:

- Aches, swelling and pain in your fingers, wrists, elbows, shoulders, neck, knees, hips, upper or lower back ?

Have you been diagnosed with:

- Rheumatoid Arthritis
- Osteoarthritis
- Systemic Lupus
- Fibromyalgia
- Tendonitis
- Bursitis
- Neuralgia or Sciatica
- Gout
- Cervical or Spinal Injuries
- Sports Related Injuries

Are you taking:

- Anti-inflammatory
- Steroidal injections
- Muscle relaxants
- Pain Medications



### Will Hungarian Wellness Mud help you?

Hungarian Wellness Mud™ Therapy can assist you and/or your professional therapist with an effective, yet all natural solution for your pain management program.

## Patient Testimonials

### Osteoarthritis

I am a 62-year-old woman with osteoarthritis. In 2005, I began my first HWM Therapy session and since then I have noticed that I have more energy and very little pain from my arthritis. It has been nine days since my last treatment and I feel wonderful!

*Dorothee – Ontario, Canada*

### Bursitis

I'm 78 years old and have...severe pain in my left hip and knee for several years. I had ... the HWM Therapy and 20 minutes later, I was up walking around without pain for 24 hours.

*Linda, Ontario, Canada*

### Tendonitis

When I first heard of the HWM™ I thought it was another snake oil and smoke treatment... after just one treatment I had remarkable improvement. Having had chronic tendonitis in my right arm for years I thought I had tried everything. Shots and medications did not work. After four treatments of the HWM I am pain free.

*T. Brown, Austin, Texas*

### Neuralgia

Almost a year ago I was in a serious car accident that left me in a great deal of pain in my shoulders, back and legs. Once I began having regular full-body HWM Therapy sessions, I noticed that the numbness in my legs and feet had subsided and the pain in my shoulders and back had nearly disappeared.

*Gordon, Ontario, Canada*

### Rheumatoid Arthritis

I am an 80-year-old ... diagnosed with Rheumatoid Arthritis...After therapy on my hands, I was shocked at the amount of movement ... No pain in the fingers or at my wrist. I am going to start on my knees and hip as soon as possible!

*S. MacInnis, Ontario, Canada*

**"After four treatments...I am pain free."**

*T. Brown, Austin, TX*

### Fibromyalgia

For the past sixteen years I have lived with multiple chronic pain conditions...This year I was introduced to... Hungarian Wellness Mud...I noticed after every treatment I was more relaxed, feeling better and had more energy... I was driving myself again! My pain is greatly reduced and it takes much less medicine to manage the pain...I had big goals in life, and now I can see they are attainable again.

*Debbie, Austin, TX*



Hydrotherapy bathing is used as part of pain management programs in spa hospitals across Europe.



Mud is applied to the joints on the lower region of the body as part of the full-body treatment.



Local therapy on the hands is used for arthritic or other conditions.



Mud is applied to the shoulder to reduce swelling and stimulate circulation in the neck and shoulder.



Mud applied to the lower back as part of the full-body treatment.

## Common Questions about Hungarian Wellness Mud.

### What is it?

It is a natural mud that has been used as part of an advanced hydrotherapy to help manage the pain suffered by people with chronic pain conditions.

### How does it work?

The mud assists the body to flush toxins built up in body tissue. The detoxified areas are then supplied with the minerals from the mud, nourishing the tissues and preventing the toxins from returning.

### Why is this mud special compared to other mud?

Hungarian Wellness Mud is the only known mud that we've found to be certified as curative by a national Ministry of Health.

### Where does it come from?

The mud is from a region in Hungary where its beneficial properties have been known for hundreds of years. Thousands of Hungarians are successfully treated each year for chronic pain using this mud.

### How and where can I get treatments?

Treatments are available through a variety of licensed professional therapists.

North American Distribution by

**ALEXANDRIA**  
PROFESSIONAL

www.hungarianwellnessmud.com  
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1-800-877-443-4276

**Call 1-800-957-8427 to find the location nearest you.**